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## \"New Horley Business helps babies relax, sleep well and be more contented overall.\"

Horley, Surrey – 27<sup>th</sup> January 2012

Mothers from around Horley, Crawley, Redhill and Merstham have been coming together at Local Children's Centres and Orchard House, Balcombe Road in Horley to learn the art of baby massage. Having experienced, first hand the benefits of baby massage with her own children, Alison Dowrick, who started her company, Your Precious Baby, after obtaining the required qualifications, is a true advocate. Alison always felt that classes are so often highly priced that they are inaccessible to many parents/carers who have to cope with even higher expenses compared to before they had their new child. Your Precious Baby has a price structure designed to enable families to enjoy these very special baby massage classes at very affordable prices. Through connections with the local children's centre, Your Precious Baby is also able to offer some outreach services.

Baby massage is a great way to spend time strengthening and nurturing your bond with your baby whilst helping both you and your baby feel more relaxed. Nearly every parent will say that their baby has suffered with colic, teething or sleep problems at some time or another. Baby massage can help to alleviate these ailments and so much more.

The Your Precious Baby, baby massage course uses the principle that nurturing touch is a fundamental part of a baby's well-being and development. It is believed that the classes provide parents with an easy and enjoyable routine that enables them to cherish and show love to their children through the most basic form of communication.

Your Precious Baby is a new member of the Horley Chamber of Commerce and the Horley Trusted Business Listing.

At Your Precious Baby, Alison not only provides baby massage classes, she also makes bespoke silver keepsake jewellery including fingerprint, hand or foot print and baby scan impressions. These can be in the form of silver charms, pendants, bookmarks, cufflinks or key rings. The silver keepsakes make great gifts for either parent or grandparent. In cases of bereavement, the tiny impressions make special keepsakes that can last for many years to come.

## **TESTIMONIALS**

"Great course, very relaxed and love the rhymes we sing with each massage. My daughter is always relaxed and sleeps well after – A very contented baby!" MF, Horley

"Me and my daughter really enjoyed the massage classes, and I've found it has helped her to sleep. We've really enjoyed meeting the other mums, and the chance to discuss anything after. I now feel quite confident to carry out the baby massage on my own." JR, Horley

Your Precious Baby is pleased to be able to bring joy and comfort to so many families in the local area through her classes and comes highly recommended.